

SZATMÁRI LASSÚ CSÁRDÁS
(Hungary)

These figures, typical of the slow csárdás of the Szatmári region of northeastern Hungary, have been arranged for recreational dancing. The slow csárdás of Szatmári is also referred to as "csendes (quiet) csárdás." In Szatmári, the Lassú Csárdás is danced improvisationally, and is followed immediately by the Friss Csárdás.

Pronunciation: SAWT-mah-ree LAH-shoo CHAR-dahsh

Translation: Slow couple dance from the Szatmári region.

Music: Hungaria Records HRC 008 4/4 meter
Melodies are 18 meas long in 6 meas phrases: A B B'

Formation: Cpls in a loose circle around dance floor. M and W face each other, arms at sides, no contact.

MeasPatternI. INTRODUCTION AND CSÁRDÁS

- 1-3 Introduction: M bow to W, cpl assume shldr-shldr-blade hold: W hands on M shldrs; M hands high on W back at shldr blade level; W arms resting in contact with M arms.
- 4 Closed Double Csárdás:
M: Step to R on R (ct 1); step L next to R (ct 2); step R to R (ct 3); close L to R, no wt (ct 4).
W: Opp ftwk, opp direction.
M takes smaller steps and leads W to take larger steps. He also uses his hands on W shldr blades to twist her slightly as she steps: CW (ct 1); CCW (ct 2); CW (ct 3).
Repeat meas 4 with opp ftwk and direction.
- 5 Repeat meas 4 with opp ftwk and direction.
- 6-11 Repeat meas 4-5 three more times.
- 12 Repeat meas 4 (9 double csárdás in all). As W moves to her L, M forces her to take larger steps, brings her twd his R side and releases his L hand from her back. W removes her R hand from M shldr. M L arm moves freely at side, shldr level, W R hand on R hip. Cpl end side by side, W on M R.
- 13 Open double csárdás:
M: Step fwd on L (ct 1); step next to L on R (ct 2); step fwd on L (ct 3); bring R near L, keeping wt on L (ct 4).
W: Opp ftwk.
- 14 M: Step R,L,R in place, turning 1/2 CW, pulling W around with him (cts 1,2,3); bring L near R, keeping wt on R (ct 4).
W: Large step back on L (ct 1); step R next to L (ct 2); large step back on L (ct 3); close R to L, keeping wt on L (ct 4). W has backed in a semi-circle 1/2 CW around M, with M serving as pivot point.
- 15-16 Repeat meas 13-14.
- 17 Repeat meas 13.
- 18 M: Step R,L in place, turning 1/2 CW to face W, and pulling W bkwd (cts 1,2); step R next to L, starting to pull W to M R side (ct 3); hold, pulling W to M R side, forcing her to take step to her L (ct 4).
W: Step back on L (ct 1); step R next to L (ct 2); step L to L back diag, starting to move across in front of

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M (ct 3); step R across in front of L, moving to M R side (ct 4). Cpl assume CW turn pos: R hips adjacent, M R hand on W L rib cage, M L hand on W R arm, between shldr and elbow, holding from back. W L hand on M R shldr, W R hand on M L shldr.

II. RIDA AND TURNSRida

- 1 M and W same ftwk. Rida step: With R hips adjacent, turning as a cpl CW, reaching step fwd on L (ct 1); step across on R, with slight knee bend (ct 2); (M takes smaller steps than W, with M R ft serving as pivot point for cpl); repeat cts 1,2 (cts 3,4).
- 2-3 Repeat meas 1 twice more for a total of 6 Rida steps. During meas 3, M takes W R hand in his L.
- 4-6 W turns:
M: Continuing ftwk of meas 1-3, take 6 small Rida steps, almost in place, raising L arm and leading W under it by pushing her with M R hand.
W: Continuing ftwk of meas 1-3, take 6 Rida steps, turning once CW under joined W R, M L hands, and returning to CW turn pos. However, M keeps W R hand in his L hand, held out to L side high.
- 7-9 Rida: Repeat meas 1-3, 6 Rida steps.
- 10-12 W circles M:
M: Continuing ftwk of meas 7-9, take 6 small Rida steps almost in place, lowering R arm to side, allowing W to pass to his R, then behind him. M retains W R hand in his L hand, brings his L hand to his R shldr, then releases W hand. W R hand trails back of his shldr, to his R shldr.
W: Continuing ftwk of meas 7-9, take 6 Rida steps, circling M once CW and returning to CW turn pos.
- 13-15 Rida: Repeat meas 1-3, 6 Rida steps. M continues to hold W R hand in his L hand, held out to L side high.
- 16 W circles M:
M: Step L fwd, release W and lower R arm, raise joined M L, W R hands, starting to lead W CW around M (ct 1); long step on R, diag fwd R, onto bent knee, passing joined M L, W R hands over head as W passes behind M back (ct 2); keeping wt on R, straighten R knee and pivot approximately 1/3 CCW, to face W as she moves behind M back to M L side (ct 3); hold, continuing to lead W around M CW (ct 4).
W: Continuing ftwk of meas 13-15, take 2 Rida steps, passing behind M back to M L side, circling M CW.
- 17 M: Hold, wt on R, continuing to lead W around M CW, in front of M and twd M R side (cts 1-4).
W: Continuing ftwk of meas 13-16, take 2 Rida steps, continuing to circle M CW, moving in front of M to M R side.
- 18 M: Take 1 Rida step, as in meas 1, cts 1-2, bringing W to R side in CW turn pos (cts 1-2); keeping W at M R side, M uses R hand to rotate W 1/2 CW, while lowering joined M L, W R hands, and closing L to R, keeping wt

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on R (ct 3); releasing M L, W R hand, keeping M R arm around W rib cage, stamping step on L diag fwd (ct 4).
 W: Continuing ftwk of meas 13-17, take 1 Rida step, assuming CW turn pos (cts 1-2); as M turns W 1/2 CW at M R side, step L near R (ct 3); as M releases W R hand, close L to R, keeping wt on L (ct 4).
 Cpl ends side by side, W on M R, M R hand on W back, W L hand on M R shldr.

III. THROW-ACROSS AND SLAPPING - Átvetős és Csapas

- Basic throw-across - Átvetős:
- 1 M: Leading W with M R arm from M R side across in front of M, step diag back R on R (ct 1); step L to L, across R, catching W at M L side with M L arm at waist (ct 2); stamping step diag fwd R on R, turning W CCW at M L side until cpl is side by side (ct 3); hold (ct 4).
W: As M leads W twd M L side, step R fwd, in front of M (ct 1); long step L diag fwd L, across M to M L side (ct 2); bring R ft near L, pivoting on L to end at M L side, facing same direction as M (ct 3); small step R to R, stopping momentum of travel and turn (ct 4).
 W has traveled from M R to M L side, making 1 CCW turn.
- 2 Repeat meas 1, with opp ftwk and direction. W turns CW.
 3 Repeat meas 1.
- Throw-across and threes - Átvetős és Cifra:
- 4 Repeat meas 2, cts 1-2, throwing W from M L to M R (cts 1-2);
M: Dance a stamping Cifra step while turning W CW:
 Stamping step L to L (ct 3); stamping step R in place (ct &);
 stamping step L diag fwd L (ct 4).
W: Dance a Cifra step while turning CW at M R side:
 step L in place (ct 3); step R next to L (ct &);
 small step L to L (ct 4).
- 5 Repeat meas 4 with opp ftwk and direction.
 6 Repeat meas 4.
- Throw-across and Slapping - Átvetős és Csapas:
- 7 Repeat meas 1, cts 1-2, throwing W from M R to M L (cts 1-2);
M: While turning W CCW, step on L, raising R lower leg to R side, and slap R outside boot heel with R hand (ct 3);
 leap onto R, raising L lower leg diag back R, and slap L inside boot heel with R hand (ct 4).
W: At M L side, pivot (CCW) on L, touching R next to L (ct 3); step R on R (ct 4).
- 8 M: Repeat meas 4, throw-across with Cifra.
W: Repeat meas 7, opp ftwk and direction.
- 9 Repeat meas 7.
- Throw-across and Cifra, ending side-by-side:
- 10-11 Repeat meas 4-5.
 12 M: Keeping W on M L side, shift M L hand to W R shldr, Cifra in place: step L in place (ct 1); step R next to L (ct 1); step L in place (ct 2); stamp R in place, keeping wt on L (ct 3); hold (ct 4).

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- W: Step L to L (ct 1); step R next to e (ct 2); double heel-click to L: Raise L lower leg slightly to L (ct &); small leap onto R, moving slightly to L, closing L to R with small heel-click, keeping wt on R (ct 3); raise L lower leg slightly to L (ct &); small leap onto R, moving slightly to L, closing L to R with small heel-click, taking wt on L (ct 4); raise R lower leg slightly to R side in preparation for symmetric repeat (ct &).
Cpl ends side-by-side, W on M L.
- 13 M - slapping - Csapas. W - double heel-click, Páros Bokázó
M: Hop on L, extending R leg fwd, and slap inside of R boot top with R hand (ct 1); step on R in place (ct 2); hop on R, extending L leg fwd, and slap inside of L boot top with R hand (ct 3); step on L in place (ct 4).
W: Repeat meas 12, cts 3,&4,& with opp ftwk and direction, moving to R (cts 1,&2,&); repeat meas 12, cts 3,&4,& moving to L (cts 3,&4,&).
- 14 Repeat meas 13.
- 15 M: Hop on L, extending R leg fwd, and slap inside of R boot top with R hand (ct 1); hop again on L, bending R knee and bringing R ft next to L knee (ct 2); stamping Cifra in place: small stamping leap R in place (ct 3); stamping step L in place (ct &); stamping step R in place (ct 4).
W: Repeat meas 13.
- 16 Heel-touch and threes facing - Cifra:
M: Hopping on R, swing L leg fwd, touching L heel to floor in front of R (ct 1); small leap onto L in place next to R (ct 2); stamping Cifra in place: stamping R in place (ct 3); stamping step L next to R (ct &); stamping step R in place (ct 4). During this meas, M turns 1/4 CCW to face W, sliding M L hand from W R shldr to W R hand, and joining M R, W L hands at waist level.
W: Opp ftwk from M. During this meas, turn 1/4 CW to face M, joining W R, M L hands. W L, M R hands at waist level.
- 17 Repeat ftwk, meas 16, remain in facing pos.
- 18 M: Stamping Cifra in place: L,R,L (cts 1,&2); stamping step on R diag fwd R (ct 3); hold (ct 4).
W: Opp ftwk.

Dance repeats from beginning.

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